One-Day Training of Trainers
on Gender, Self-Esteem and Body Shaming

Organized by – Child Resource Centre, HCM RIPA
(In Partnership with UNICEF Office for Rajasthan)

Date: 29th December, 2025

Venue: Conference Hall, Krishna Puri Bhawan, HCM RIPA, Jaipur

Time	Subject/Topic	Resource Faculty/Person
09:00 AM -10:00AM	**Registration**	CRC Team
10:00 AM – 10:15 AM	Welcome & Icebreaker **Objectives:** • Set a positive tone and build rapport • Clarify training goals and expectations	**Mr. Sanjay Kumar Nirala** Child Protection Specialist, UNICEF, Rajasthan
10:15 AM – 11.00 AM	**Module Overview & Key Concepts** **Objectives:** • Introducing core concepts: self-esteem, body confidence, social media literacy • Align on messaging and tone	**Mr. Prabhat Kumar** Independent Consultant
11.00 AM – 11.15 AM	**Hi-Tea**	
11.15 AM – 01.15 PM	**Exploring the 4 Comic videos and Books** **Objectives:** • Familiarize facilitators with comic videos and book structure and themes by showing all videos and books following group discussion at the end of each video • Explore facilitation techniques using visual storytelling • Strengthen facilitation confidence and competence	**Mr. Prabhat Kumar** Independent Consultant **Ms. Hemalee Leuva** Child protection officer, UNICEF, Rajasthan
01.15 PM – 02.00 PM	**Lunch**	
02.00 PM- 03.00 PM	**Introduction to eLearning for Adolescents (15+)** **Objectives:** • Demonstrate the eLearning platform and content • Discuss facilitation strategies and integration into learning environments	**Mr. Prabhat Kumar** Independent Consultant
03.00 PM – 03.30 PM	**Q&A, Wrap-Up & Next Steps** **Objectives:** • Clarify any remaining doubts • Solidify commitment and next steps • Action plan on training of facilitators and adolescent outreach- preparation by participants	**UNICEF team**
03.30 PM onwards	**Tea and closure**	